



The Royal Ministry of Foreign Affairs presents its compliments to the Heads of Mission accredited to Oslo and has the honour to refer to the Government's press conference on 7 May, on adjustments in the management of the COVID-19 crisis.

The spread of the infection is considered to be under control, and although restrictions are being lifted, many remain and some are tightened. Social distancing, hand hygiene and quarantine regulations are still considered very important.


Foreign Missions should note that the adjustments announced on 7 May include opening of schools for all children from 11 May, and that the duration of quarantine is reduced from 14 to 10 days. There are also lifts to the recommendations on social distancing and size of groups of people.

Travel restrictions are prolonged, and quarantine rules still apply after entering Norway.

Anyone who has been in close contact with a person confirmed with COVID-19 within 48 hours (from previous 24 hours) before the person developed symptoms, must quarantine for 10 days.

An exemption from quarantine applies to anyone who can provide medical documentation that they have recuperated from a confirmed COVID-19 infection within the last six months.

Detailed information can be found on the Government's webpage:
<https://www.regjeringen.no/en/aktuelt/the-governments-plan-for-reopening-norwegian-society-and-easing-the-coronavirus-restrictions/id2701493/>

The Royal Ministry of Foreign Affairs avails itself of this opportunity to renew to the Heads of Mission accredited to Oslo the assurance of its highest consideration. 

Oslo, 8 May 2020



Heads of Mission
Accredited to Oslo

