



**ROYAL NORWEGIAN
MINISTRY OF FOREIGN AFFAIRS**

The Royal Ministry of Foreign Affairs presents its compliments to the Heads of Mission accredited to Oslo and has the honour to refer to changes in the regulation on Covid-19 measures regarding exemptions from carrying out the quarantine period in a quarantine hotel.

As of 13 December 2020 at 1700 hrs, amendments to the Covid-19 Regulations make it possible to be exempted from carrying out the quarantine period in a quarantine hotel in certain situations.

The exemption for persons residing in Norway is continued. Diplomats and family members forming part of their household are still considered as residing in Norway, so this exemption still applies to them.

The amendments to the exemption (from carrying out the quarantine period in a quarantine hotel in certain situations) apply to persons visiting Norway for purposes other than work or the performance of a mission, i.e. family visits, and who have a suitable place to stay. This can be holiday homes, hotels and other places of residence which are made available to the visitor. The requirement is that the visitor has a separate room, a separate bathroom and a separate kitchen, and is able to avoid being in close contact with others. Provided the visitor can have food served at the place of residence, there is no requirement for a separate kitchen. This will typically be the case if the visitor stays in a hotel with food service, or if the visitor receives food delivered by friends or family.

Upon entry, the visitor must present a confirmation by the person making the place of residence available, stating that the place of residence meets the requirements listed above. This may be given in the form of a completed confirmation form ([avkrysningsskjema karantenehotell engelsk.pdf \(regjeringen.no\)](#)), or by a written confirmation from the person making the place of residence available, confirming that the place of residence has a private room, access to a separate bathroom and kitchen or food service, and that it is possible to avoid close contact with others.

For visitors staying in an ordinary hotel during the quarantine period, the hotel must provide such documentation. This confirmation is considered

to be sufficient documentation of the fact that the visitor has a suitable place of residence.

Visitors who are part of the same household and are travelling to Norway together, may carry out their quarantine period at the same place of residence without being required to have a private room, or separate bathroom and kitchen. People who normally live together are considered to be part of the same household in this context. This does not include grown children who no longer live with their parents.

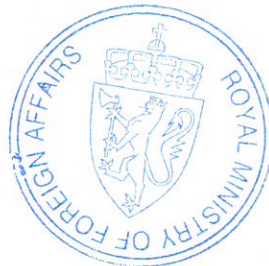
Documentation of being part of the same household may be a jointly registered address, joint lease, marriage certificate, cohabitation contract, birth certificate etc.

The diplomats and consular personnel accredited to Norway and their accompanying family members are strongly urged to comply with the current regulations and recommendations, both at the national and local level, as well as other regulations.

The Royal Ministry of Foreign Affairs avails itself of this opportunity to renew to the Heads of Mission accredited to Oslo the assurance of its highest consideration.



Oslo, 14 December 2020



Heads of Mission
accredited to Oslo