



ROYAL NORWEGIAN  
MINISTRY OF FOREIGN AFFAIRS

The Royal Ministry of Foreign Affairs presents its compliments to the Heads of Mission accredited to Oslo and has the honour to inform about the following:

Please note that foreign mission personnel in Norway and their family members residing with them in Norway (*cf. the Immigration Regulations sections 1-4 and 1-5*) are exempt from the following:

- entry restrictions (*cf. the Entry Regulations, Section 3, paragraph f*),
- the duty to register before arrival (*cf. the Covid-19 Regulations, Section 5b, second subsection, paragraph d*),
- the requirement of presenting a negative Covid-19 test upon arrival (*cf. the Covid-19 Regulations, Section 4a, third subsection, paragraph i*),
- mandatory testing for Covid-19 upon arrival in Norway (*cf. the Covid-19 Regulations, Section 4d, third subsection, paragraph g*), and
- entry quarantine in a quarantine hotel (*cf. the Covid-19 Regulations, Section 5, fourth subsection, paragraph f*).

The same applies to non-resident accredited diplomats and diplomatic couriers.

Arriving personnel and their family members are, however, strongly urged, upon arrival in Norway, to take the Covid-19 test at the airport/border crossing and comply with the other measures of the Covid-19 regulations on a voluntary basis.

As of 9 May 2021, however, *any* person who has been outside the EEA/Schengen area during the last 10 days before arriving in Norway, must take an antigen rapid test upon arrival in Norway. This also applies to foreign mission personnel accredited to Oslo and their family members residing with them in Norway and non-resident accredited diplomats and diplomatic couriers (*cf. the Covid-19 Regulations, Section 4d, fourth subsection*).

Heads of Mission  
accredited to Oslo

When tested with the antigen rapid test, one should remain at the testing facility at the airport/border crossing until the result from this antigen rapid test has been obtained.

If the result from this antigen rapid test is *positive* for Covid-19, the following procedure is expected in order to follow the regulations:

- Immediately take a PCR test at the testing facility at the airport/border crossing (*cf. the Covid-19 Regulations, Section 4d, first subsection*).
- Do not use public transport from the airport/border crossing. Transportation may be done by an embassy driver. It is recommended that both the arriving persons and the driver wear a face mask during the journey.
- Isolate until the result of the PCR test has been received (*cf. the Covid-19 Regulations, Section 7*). Isolation may be done in his/her own residence. Persons in isolation should not meet other persons, including, as far as possible, the persons forming part of his/her household. If the PCR test is also positive, the person is strongly urged to continue isolating for 10 days from the first positive test result, or if symptoms have occurred, for 10 days from the first symptoms of Covid-19 occurred and until there has been no fever for the last 24 hours. Persons in isolation are strongly urged to stay at his/her residence at all times, however private gardens, terraces etc. may be used. If possible, a separate bedroom and bathroom should be used, and groceries should be transported to the residence. Further details are specified on [helsenorge.no](https://helsenorge.no).
- Persons forming part of the household of the person that is isolating are strongly urged to quarantine (“infection quarantine”) for the same period of time and to keep a social distancing of at least two meters to any other person at all times, unless fully vaccinated for SARS-CoV-2.
- The driver that transported the infected person from the airport/border crossing is also urged to quarantine (“infection quarantine”) for 10 days (*cf. the Covid-19 Regulations, Section 4, first subsection, paragraph b*), unless he/she has been fully vaccinated against Covid-19 and have documentation of this from Norwegian health- and care services (*cf. the Covid-19 Regulations, Section 4, fourth subsection*). A social distancing of at least two meters to any other person has to be kept at all times.
- During “infection quarantine” the person may leave home if a social distancing of at least two meters to any other person may be kept at all times, but may not be at work, school or kindergarten, and public transport may not be used (*cf. the Covid-19 Regulations,*

*Section 5a, first subsection*). If developing symptoms of Covid-19, such as cold or flu, coughing, fever or shortness of breath, during the quarantine, the person must isolate until a negative test result has been obtained (*cf. the Covid-19 Regulations, Section 7, second subsection*).

In addition to the rules listed initially, foreign mission personnel and family members forming part of their household arriving in Norway are strongly urged and expected to quarantine in their residence or in other suitable place of accommodation for 10 days from the day of arrival in Norway (“entry quarantine”, *cf. the Covid-19-Regulations Section 4, first subsection, paragraph a*). During the entry quarantine the person may leave home if a social distancing of at least two meters to any other person may be kept at all times, but may not be at work, school or kindergarten, and public transport may not be used (*cf. the Covid-19-Regulations, Section 5, seventh subsection*). If developing symptoms of Covid-19, cold or flu, coughing, fever or shortness of breath, the person must contact the health- and care services for testing (*cf. the Covid-19-Regulations, Section 5, ninth subsection*).

The Royal Ministry of Foreign Affairs avails itself of this opportunity to renew to the Heads of Mission accredited to Oslo the assurance of its highest consideration. 

Oslo, 27 May 2021

