

Registration form for persons travelling to Norway and confirmation of suitable accommodation for quarantine purposes

About the form

This form must be filled out prior to arriving in Norway and shall be submitted to the police at border control.

Part 1 and part 2 must be filled out by all persons arriving **from areas subject to mandatory quarantine**.

However, this does not apply to certain groups of individuals, as mentioned in Section 5 (b), second paragraph of the Covid-19 Regulations, who are only required to fill out part 2. This includes asylum seekers and resettlement refugees, children under 16 years of age (who are travelling together with an adult), persons who have been given a covert address, diplomats, persons invited by the Norwegian government, foreign military personnel and sensitive personnel in the Norwegian Intelligence Service and Norwegian Police Security Service.

Persons who are **exempt from the duty to quarantine both during working hours and leisure time**, shall only fill out part 1.

Persons who are required to **confirm a suitable accommodation** for undergoing quarantine, must fill out parts 1 and 2 and also submit either part 3 or 4.

The police will store the form for up to 20 days. The police may disclose information therein to others if this is necessary to ensure compliance with the duty to quarantine.

A breach of the duty to fill out the form is punishable by a fine, though only where the breach has occurred without legitimate reasons.

PART 1 Travel registration

Name:

Date of birth:

Phone number:

Social security number or D number:

Address of
planned accommodation:

Employer or contracting authority and workplace or place of assignment (Only to be completed if you reside outside of Norway and are travelling to Norway to perform work or assignments):

Date of arrival:

PART 2 Self-declaration for persons who are required to undergo quarantine upon arrival

What is entry quarantine?

Persons travelling to Norway from areas with high rates of infection are required to quarantine for ten days upon arrival. The quarantine rules are intended to prevent infected persons from unknowingly spreading the disease.

While undergoing entry quarantine, you are only permitted to leave your accommodation if you are able to avoid close contact with others. You are prohibited from being at a workplace where there are other people, at school or day-care. Use of public transport is prohibited, with the exception of transport to and from the airport, port or similar places of arrival. If you are over 12 years of age, you are required to wear a face mask on public transport to your accommodation.

If you develop acute respiratory infection with fever, cough or shortness of breath during the quarantine period you must contact the health and care services to be tested. Even if the test result is negative, you are required remain in quarantine for the remainder of your quarantine period.

These rules apply regardless of where you are staying during your quarantine period, whether in a private residence, at a cottage, at a quarantine hotel, or at another location that meets the requirements for a suitable quarantine accommodation.

Intentional or grossly negligent breaches of the quarantine rules are punishable by fines or imprisonment not exceeding six months.

Where should I undergo entry quarantine?

You are required to undergo quarantine at a quarantine hotel unless:

- a. You are able to document that you reside or have a fixed residential address in Norway and will be staying at the dwelling or another suitable accommodation during your quarantine period. If you are not registered in the Norwegian National Population Register, you must present a tenancy agreement for a fixed residential property, or a document showing that you own a fixed residential property in Norway.
- b. You are able to document that you are married to or have children of the relationship with a person who has a fixed residential address in Norway, and you will be undergoing entry quarantine in the dwelling of your spouse or the other parent. Your minor children may also undergo entry quarantine in the same dwelling.
- c. You have travelled to Norway to perform work or assignments, and your employer or contracting authority is providing you with a suitable accommodation for your quarantine period. The accommodation must have a private room with TV and internet access, a separate bathroom and a separate kitchen or food service. Upon arrival, you must be able to present a confirmation from your employer or contracting authority documenting that they are providing you with a suitable accommodation and that this accommodation meets the requirements.
- d. You will not be performing work or assignments in Norway during your stay and you have another suitable accommodation for your quarantine period where it is possible to avoid close contact with others. The accommodation must have a private room, access to a separate bathroom and separate kitchen or food service. Upon arrival, you must be able to present a confirmation from the person providing the accommodation that the accommodation meets the requirements.
- e. You are an asylum seeker or resettlement refugee. If so, you will be allocated a place at a refugee reception centre and are required to undergo quarantine there.

Persons in the same household arriving together in Norway may quarantine in the same accommodation, pursuant to (d) and without a requirement of a private room.

If you are unable to document that you belong to one of the above-mentioned groups, you are required to stay at a quarantine hotel during your quarantine period.

Information regarding quarantine hotels

Upon presenting your documentation, the police will advise you as to whether or not you are required to stay at a quarantine hotel. If you are required to stay at a quarantine hotel but would like to undergo quarantine in a municipality other than the municipality in which you arrived, you may choose to do so, provided there is capacity at the quarantine hotel where you would like to stay.

Persons staying at quarantine hotels may go outside of the hotel if they avoid close contact with other people. This means that you are permitted to go for walks and move around in places where there are not many people. If you do not have other options, you may go to supermarkets and pharmacies, provided you comply with the infection control rules.

The quarantine hotel price is NOK 500 per day for private individuals and for employers or contracting authorities. Children under 10 years of age who are staying in the same room as their parents or guardians will not be charged a user fee, while children between 10–18 years of age will be charged half the user fee, i.e. NOK 250. The hotel will ensure food service during your stay.

At the quarantine hotel, you will have the option of being tested for Covid-19. However, even if the test is negative, you are required to remain in quarantine for the remainder of your quarantine period.

You cannot be forced to stay at the quarantine hotel and may choose to leave the hotel. However, the police may be contacted in case of observed breaches of the quarantine rules. The police will consider possible criminal prosecution for breaches of the rules.

You can find more information about the quarantine rules at www.helsenorge.no and www.regjeringen.no.

I confirm the following:

I confirm that I have familiarised myself with the rules applicable to persons undergoing entry quarantine.

I also confirm that:

I reside in Norway or have a fixed residential address in Norway and will be undergoing quarantine in my dwelling or at another suitable accommodation, and I am able to document this.

I am married to or have children of the relationship with a person residing in Norway and will be undergoing entry quarantine in the dwelling of this person, and I am able to document this.

I have travelled to Norway to perform work or assignments. I have a confirmation from my employer or contracting authority documenting that they are providing a suitable accommodation with a private room, with TV and internet access, a separate bathroom and kitchen or food service. **If you tick here, part 3 of this form must be filled out by your employer or contracting authority.**

I will not be performing work or assignments in Norway. I have access to another suitable accommodation where it is possible to avoid close contact with other people, with a private room, access to a separate bathroom and a separate kitchen or food service and have a confirmation from the person providing me with the accommodation. **If you tick here, part 4 of this form must be filled out by the person providing you with the accommodation.**

I will be undergoing quarantine at a quarantine hotel.

Place and date:

Signature:

PART 3 Confirmation from employer or contracting authority providing a suitable accommodation during the quarantine period

Information regarding employer:

Name of enterprise:

Address:

Phone number:

Contact person:

Information about the accommodation:

Address:

The period of time the accommodation is made available:

It is confirmed that the above-mentioned person will be performing work or assignments for the enterprise, and that the enterprise is providing a suitable accommodation for the ten-day quarantine period. At the accommodation it is possible to avoid close contact with other people, and the person undergoing quarantine will have a private room with TV and internet access, access to a separate bathroom and a separate kitchen or food service.

(Ticking box indicates confirmation)

Place and date:

Signature:

PART 4 Confirmation of suitable accommodation for undergoing entry quarantine – to be filled out by the person providing the accommodation

Accompanying children under 16 years of age in the same household who will be quarantining in the same location:

Name:

Date of birth:

Name:

Date of birth:

Name:

Date of birth:

Information regarding the person providing the accommodation:

Name/Name of enterprise:

Address:

Phone number:

Information about the accommodation:

Address:

Type of accommodation:

(E.g., private residence/hotel, etc.)

The period of time the accommodation is made available:

It is confirmed that the accommodation is provided for the purpose of undergoing of entry quarantine during the stated period of time. At the accommodation it is possible to avoid close contact with other people, and the person(s) undergoing quarantine will have a private room, access to a separate bathroom and a separate kitchen or food service.

(Ticking box indicates confirmation)

Place and date:

Signature: