



# Green Care in Iceland

## - a status of research

Nordic research workshop on Green Care  
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Photo: Anna María Pálsdóttir

## **The status of research on Green Care in Iceland**

- No scientific papers published!?
- Some written documentation
- **Great possibilities for doing research on the concept of green care!**



## Green Care – a new research project

- Janus Rehabilitation Center, The Icelandic Heart Association, Reykjavík Forestry Association & SLU
- People with stress related mental illnesses
- Evidence based design in Nature based therapy in Heidmörk - *doing & being*
- Prospective controlled study with start 2013



# Knowledge transfer in a Nordic research network!



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