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Green Care: Status from Denmark

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An elderly woman with short, curly white hair is seated on the left, looking down at a black dog. The dog is sitting on the right, looking towards the camera. They are positioned in front of a tall wooden bookshelf filled with numerous books. The scene is indoors, likely a library or a home study.

Green Care in Denmark

- Not a politically prioritised
- Denmark took part in "Cost 866"
- A few scientific projects in the area
- Green Care activities exist in Denmark

Teaching and pedagogic initiatives

Often independent institutions, publicly supported

- Teaching involving Green Care elements for children and young people with special needs due to learning difficulties, developmental disturbances or early emotional distress

Havredal Praktiske Landbrugsskole
Poppelgården, Ærø
Æblegården, Årslev
"Haver til maver"

Care centres for young with special needs

Public support and supervision

Institutions where you live, typically for young with psychiatric diseases and problems, developmental disturbances or drug abuse. Animals, farming and gardening is offered as an activity or part of a treatment

Examples:

Pionergruppen, *Kragebjerg*,
Holmstrupgaard, *Aarhus*
Siersbæklund Døgncenter,
Ringkøbing



Therapy Gardens

- In some cases referred from a doctor
- The patients pay themselves, e.g. an employer or insurance

Stress:

Nacadia, Hørsholm

Odsherred Terapihave

Tranegårdshaven, Tranekær

Abused women:

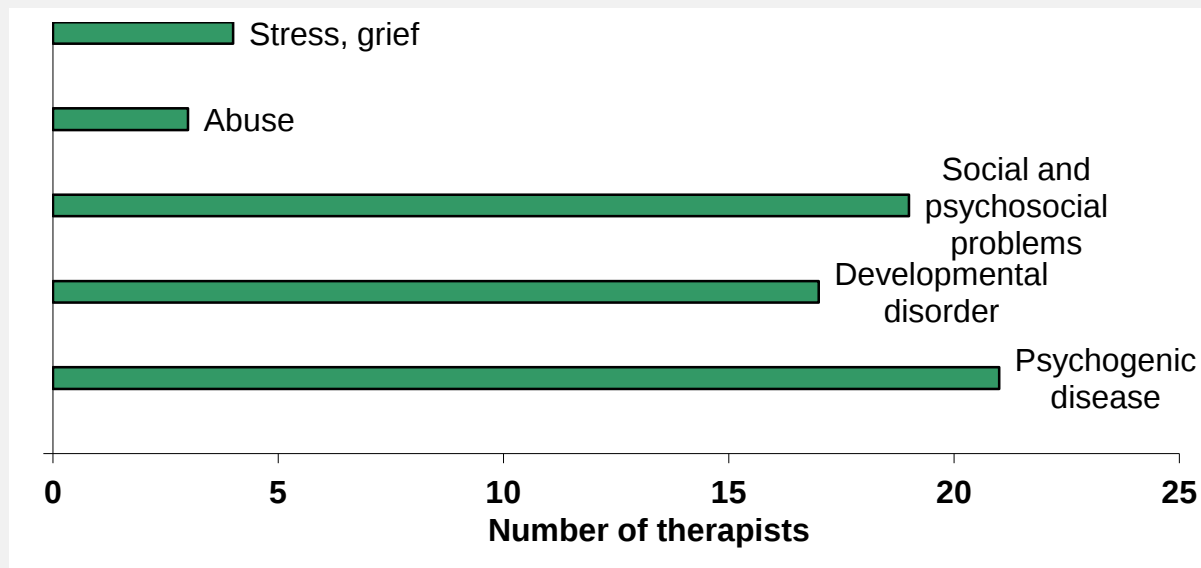
Danners terapihave, København: Abused women

Prisons

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- A photograph of a rural landscape. In the foreground, a lush green field is filled with several cows of various breeds, including black and white Holsteins and brown Friesians, some standing and some lying down. In the background, a dark, plowed field stretches across the horizon under a bright sky. Trees and foliage are visible on the left and right sides of the frame.
- 10 out of 16 prisons have a “green” working offer
 - 2 prisons have milk production

Therapy animals

- Approximately 40 therapists
 - Primarily horse therapy
 - But now also "visitor dog"



(Thodberg og Christensen, 2010)

What is the potential in Denmark for Green Care?

- We are in close contact with nature and agriculture
 - Many farms are closed down or reorganised – opens the opportunities for new alternative activities
- Already many Green Care related activities, but more coordination is needed
- Lack of documentation

Evidence-based documentation



- What precisely is it that works?
- Which persons will benefit?
- What is the benefit for the society?

We need scientific studies



Questions?

Ekstra slides =>

Developmental project: Agriculture as a pedagogical and occupational resource

- Aim to offer young mal-adjusted and handicapped people employment, education and health related development in agriculture
- Cooperation between job centres, farm advisors, farmers and *The knowledge Centre for Agriculture*
- 33% of the 30 participants got a job or started an education

Teaching and pedagogic initiatives



- Offer for school children

Gardens for bellies:
"Expand children's
competences and
their knowledge of
nature, farming and
food preparation"

Szulevicz, havredal

- Indlæring på landbrugsskole for unge (16-25) med indlæringsvanskeligheder)
- Hvilken betydning har det at læringen foregår i de relevante omgivelser
- Ofte har eleverne lettere ved at forholde sig til undervisningen hvis den foregår i tæt samspil med de relevante omgivelser

Haver til Maver

- Evaluering af skolehave projekt (baseret på kvalitative og kvantitative studier).
Pædagogisk evalueringsforskning...
- Haver til Maver har eksisteret siden 2006
- Målgruppe: til og med mellemtrin, samt specialkl.
- Formål: gennem handling og oplevelse at få mulighed for at lære om jord og natur, dyrke haven tilberede produkter

Udv. af det multikulturelle landbrug som pædagogisk og beskæft. ressource

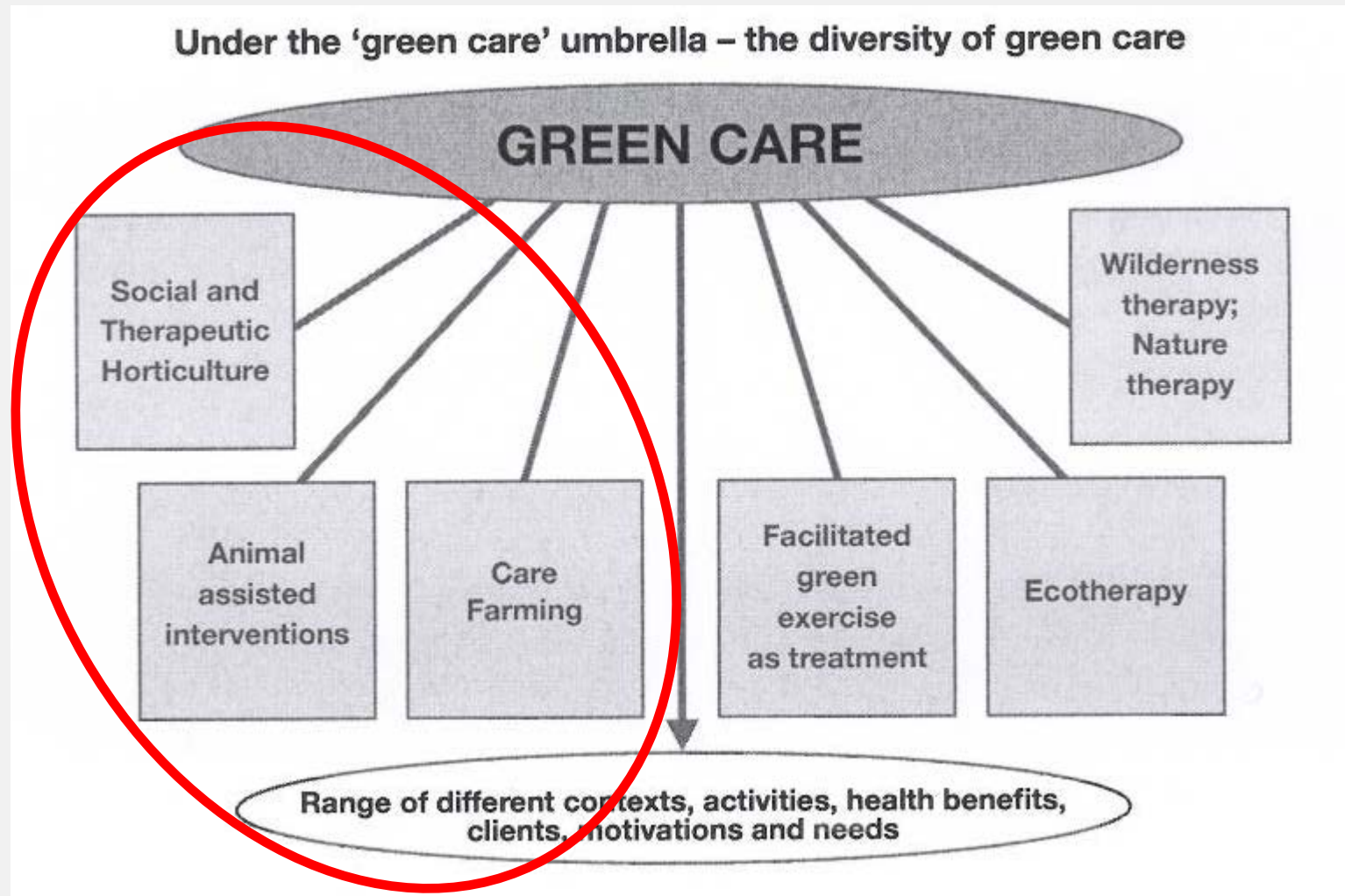
- Målgruppe: 18-30 år
- Formål: tilbyde unge utilpassede og handicappede unge beskæftigelse, uddannelse og helbredsmæssig udvikling i landbruget og etablere samarbejde mellem den offentlige sektor og landbruget om en indsats for udsatte unge
- Samarbejde ml. jobcenter, landbrugscentre, landmænd, videnscenter for landbrug
- Finansieret af: arbejdsmarkedetsstyrelsen
- Resultater: 33% af deltagerne fik arbejde eller kom i gang med uddannelse. Gode erfaringer med at etablere kontakt mellem parterne. Hjemmeside med info om muligheder for lignende forløb

Forskning

- Maver til haver
- Stresshaver - Narcadia
- Havredal (Schulevitz, situeret læring) resultatet??
- Terapidyr – besøgshunde til demente

Herudover udviklingsprojekter: Skejby: Unge i arbejde i landbruget (formidle kontakt - uddannelse og arbejde 33% af deltagerne, Carstens firma , Agrotech, (besøgshunde?))

Hvilke typer Green Care findes i DK?



Terapihaver, stressbehandling

- **Nacadia**, Hørsholm:
 - **Odsherred terapihave:**
 - **Tranegårdshaven**, Tranekær: Stress, angst depression
- Behandling af stress

Nogle henvises fra egen læge
Betalder selv, evt. arbejdsgiver

Udviklingsprojekter

- Carstens firma
- Skejby
- Agrotech

Hvorfor er forskning vigtig??

- Ellers kan vi ikke måle effekten af Green Care - randomiserede forsøg er nødvendige
- Nødvendigt med valide metoder og uddannelse, og kvalitetssikring
- Solid forskning målretter indsatsen

Forskningsmidler